

# Community Chest Application Summary 2018/2019

Forest Heath & St Edmundsbury councils

**West Suffolk**  
working together

Local Authority	SEBC
Organisation	Anglia Care Trust
Amount Requested	<b>£10,000.00</b> (2018-19) <b>£10,000.00</b> (2019-20)
Total Project Cost	£43,115.00 (county-wide)
Match Funding	Volunteer hours - £8,775,00 (not included in costs) PCC Safer Suffolk Fund - £20,000.00 (decision pending)
Partnerships	Police, Turning Point and other drug and alcohol services, Marginalised and Vulnerable Adult health service, Money Advice, Domestic Abuse Outreach and Housing Services.
West Suffolk Bid?	Yes

## Overview

ACT are seeking to continue the delivery of a countywide outreach service aimed at reducing the negative impact of alcohol. The total cost of the service for 1 year is £34,340 (plus volunteering hours). ACT are applying for £10,000 to cover approximately one third of the costs which relates to the delivery of the service to individuals living in the St Edmundsbury area.

Outreach support to vulnerable people who are part of or on the periphery of the street drinking community. The service is delivered on a 1:1 basis aiming to empower the individuals to take positive steps forward and to reduce the amount and strength of alcohol they are consuming. This is achieved through a broad but frequent series of interventions including supporting service users to attend general medical and alcohol treatment appointments, 1:1 support sessions, completion and monitoring of alcohol consumption and accessing financial and debt advice.

## Outputs

ACT will work with 40 people across Suffolk in the next 12 months, 14 of which will come from the St Edmundsbury District.

## Outcomes

Outcome 1: Improve mental health and wellbeing via early intervention, recovery and rehabilitation

Outcome 2: To link with integrated treatment services to increase outcomes from structured treatment

These outcomes will be monitored by recording specific measures via an online recording system called Advice Pro.

The following objectives will also be measured:

- Number of service users and personal information including location, Equality and Diversity information,
- Face to face contact sessions
- Addiction support

- Offending
- Accommodation
- Benefits and welfare
- Health
- General wellbeing

**Finances**

Income last financial year - £2,080,971.00

Expenditure last financial year - £2,225,880.00

**Reserves**

£90,907.00

**Request breakdown**

Service Manager @ £19.78 p.h.

Coordinator @£15.04 p.h.

Outreach Officer @ £12.05 p.h.

Expenses

External Supervision

Volunteer Recruitment, Development and Expenses

Office overheads

Equipment and resources

**Previous Community Chest funding**

None.

**Officer comments**



*St Edmundsbury*  
BOROUGH COUNCIL

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## St Edmundsbury Borough Council Community Chest Grant Application Form Part A

Community Chest funding supports voluntary and community groups who make a contribution to improving the quality of life for people in West Suffolk. The information you provide will help us consider your application. If you have any questions, please give us a call on 01284 757077. Before completing this form, we ask you to please read the guidelines, which are available on:  
<http://www.westsuffolk.gov.uk/community/community-grants.cfm>

Please return your completed, signed form and supplementary documents to:  
[polly.kane@westsuffolk.gov.uk](mailto:polly.kane@westsuffolk.gov.uk).

**Please note:** This form is for applications to the St Edmundsbury Borough Council Community Chest grants scheme. If you wish to apply to Forest Heath District Council the form can be found on the Community Grants page above. [If you wish to apply to both councils, you will need to complete a separate form for each, clearly stating how your activity will benefit the area.](#)

### 1. Contact details

Organisation/lead partner name	Anglia Care Trust
Organisation Address	8 The Square Martlesham Heath Ipswich
Postcode	IP5 3SL

Organisation main email	admin@angliacaretrust.org.uk
Organisation main tel.	01473 622888
Organisation website	www.angliacaretrust.org.uk
Organisation Twitter	@angliacaretrust
Organisation Facebook	AngliaCareTrust

Contact person 1 (main contact)		Contact person 2	
Name	Kate Burgess	Name	Keith Whitton
Position in organisation	Operational Manager	Position in organisation	Director of Operations
Daytime tel.no	01473 622888	Daytime tel.no	01473 622888
Mobile	07436 810541	Mobile	07918734034
email	Kateburgess@angliacaretrust.org.uk	email	Keith.w@angliacaretrust.org.uk
Address if different to organisation's		Address if different to organisation's	
N/A		N/A	
Postcode		Postcode	

## 2. About your organisation

2.1. Which local authority area(s) does your organisation currently work in?

Across all authorities in Suffolk

2.2. What type of organisation are you? (please check the relevant box)

Registered charity	<input checked="" type="checkbox"/>	Charity number:299049
Applying for charitable status	<input type="checkbox"/>	
Company limited by guarantee	<input checked="" type="checkbox"/>	Company number: 2223103
Community interest company		
Part of a larger regional or national charity (Please state which one)	<input type="checkbox"/>	
Constituted community group	<input type="checkbox"/>	
Social Enterprise	<input type="checkbox"/>	What type?:
Other (Please specify)	<input type="checkbox"/>	

2.3. How many people are currently involved in your organisation?

Trustees	7	Management board	-
Management team	5	Service users	1150
Full time paid staff/workers	38	Volunteers and helpers (non-management)	130
Part time paid staff/workers	27		

When did your organisation start?

Year

2.4. What is the purpose of your organisation? Please briefly describe why your organisation was set up, its aims and objectives, what activities it carries out and who primarily benefits.

Anglia Care Trust is a charity dedicated to supporting vulnerable people with multiple and complex needs. We offer a spectrum of flexible and interconnected support services, ranging from longer term intensive support to a series of shorter term advice and guidance services. In line with the needs of our service users, the services we offer work under three main themes; helping people to be heard, helping people to be safe and helping people to keep a roof over their heads. Our services give people the stability and support to empower them to realise their full potential.

For young people we offer mentoring, advocacy, independent visiting, return to care interviews and independent advice for young people faced with difficult educational choices.

For families we offer a Domestic Abuse Outreach Service (DAOS) and Money Advice services for victims of Domestic Abuse. Our multi faceted and whole family approach offers a range of support methods to allow people to access the level of support they require when they need it most. We offer crisis support, intensive family support and drop in advice and guidance sessions working with families and individuals, including specialist male victim support.

Since 2005 ACT have been working with statutory partners to provide an Alcohol Recovery project, originally working with identified "street drinkers" in Ipswich. We have supported a high number of people into different degrees of recovery, supported with accommodation needs and access to benefit advice. It is through this service that awareness was raised of the impact in other towns across Suffolk and in 2015 we obtained funding from the Suffolk Police and Crime Commissioner to extend the work across the county by employing an Alcohol Outreach Officer.

Maximum 300 words

- 2.5. What was your organization's total income for last financial year? (your branch if part of a larger organization) £2,080,971
- 2.6. What was your organization's total expenditure for last financial year? (your branch if part of a larger organization) £2,225,880
- 2.7. Does your organization have more than six months running costs?  
Yes/**No**  
(your branch if part of a larger organization)
- 2.8. What are your organization's current unrestricted reserves or savings? (your branch if part of a larger organization) £90,907

### 3. About Your project

- 3.1. What do you want the funding for? Please be specific. Please note that 'project' is meant to describe the project for which you are seeking funding, and not your 6organization. Please include outputs (what you will deliver).

We are seeking to continue the delivery of a countywide outreach service aimed at reducing the negative impact of alcohol. The total cost of the service for 1 year is £34,340 and we are applying for £10,000 to cover approximately one third of the costs which relates to the delivery of the service to individuals living in the St Edmundsbury area. The service provides a 0.8 FTE Outreach Officer and 3 volunteers operating across Suffolk.

We deliver vital support to vulnerable people who are part of or on the periphery of the street drinking community. The outreach service was initiated in 2015, when funding was awarded via the Safer Suffolk PCC Fund. ACT has funded the post from the charity's reserves and some additional funds have been secured through Suffolk County Council.

The objectives of the service include:

- Preventing the damaging effects of alcohol on the health of the individuals
- To work in partnership to support effective community safety or crime prevention activities
- To provide a County wide service reaching hard to reach individuals.

Referrals are received from a range of agencies including health professionals who have identified potential service users who are experiencing health issues associated with alcohol intake or due to associated behavior have a negative impact on the community.

The service is delivered on a 1:1 basis aiming to empower the individuals to take positive steps forward and to reduce the amount and strength of alcohol they are consuming. This is achieved through a broad but frequent series of interventions including supporting service users to attend general medical and alcohol treatment appointments, 1:1 support sessions, completion and monitoring of alcohol consumption and accessing financial and debt advice.

Additional value is added to the service by using other teams within ACT to support the work being undertaken, in particular Money Advice, Domestic Abuse Outreach and Housing Services.

Maximum 300 words

- 3.2. How does your project contribute towards the council's Families and Communities Strategy and Families and Communities Approach? Please refer to guidance and reference both in your answer.

The Families and Communities Strategy and Families and Communities Approach makes specific reference to prevention, multi-agency involvement, adoption of new skills, delivering services where needed, empowering people and changing expectations.

Our experience of alcohol abuse is that without intervention invariably it leads to a higher cost for families, neighbourhoods & public. The service engages with individuals, guides and diverts them from the downward spiral. In doing so we draw upon all available resources interacting with a wide range of agencies including Police, Housing, Health and Treatment services. In terms of skills, it adopts a whole family approach and the associated skill sets, taking into consideration all the assets available to the individual and builds an agreed recovery plan around those assets.

The nature of the service is to reach out to the individual, meet them on their patch and build a rapport, recognising that the target group is unlikely or unwilling to access office based services. We empower and assist people to build their resilience and turn their lives around e.g liaising with and facilitating access to treatment services. In line with changing expectations, it is an assertive and enabling service, it challenges the concept of entitlement and promotes self help by both helping when required and letting go as soon as sustainable change is evident.

In supporting the strategy the service is consistent with the Family and Communities Approach relying upon a network of agencies/groups to both, identify individuals who require support and to support their recovery during /after treatment. It builds upon community assets involving local volunteers. It acts as a catalyst for drinkers to recognise the need for and access treatment.

Maximum 300 words

- 3.3. How many people will benefit from your project (on a weekly, monthly or annual basis) and how? Please include outcomes (how your project will benefit the people who are involved in it) and how you will collect evidence of this.

We will work with 40 people across Suffolk in the next 12 months, 14 of which will come from the St Edmundsbury District.

We align our outcomes with the Public Health and Protection outcomes currently being worked towards through the Alcohol Recovery Project in Ipswich and our current Suffolk wide project and therefore in line with the Public Health and Protection Strategy for Suffolk:

Outcome 1: Improve mental health and wellbeing via early intervention, recovery and rehabilitation

Outcome 2: To link with integrated treatment services to increase outcomes from structured treatment

These outcomes will be monitored by recording specific measures via an online recording system called Advice Pro. We will specifically measure the following objectives:

- Number of service users and personal information including location, Equality and Diversity information,
- Face to face contact sessions
- Addiction support
- Offending
- Accommodation
- Benefits and welfare
- Health
- General wellbeing

The outcomes and impact of the service will be demonstrated through a variety of evaluative methods. We will use a multiple method evaluative processes in order to capture the impact the service is having on people's lives. Using a range of techniques such as pre intervention and post intervention surveys, distance travelled tools and case studies, we will provide both qualitative and quantitative data as evidence of the outcomes achieved.

Maximum 300 words

3.4. Are you working with any other organizations/groups on this project? **Yes**  
/ No

If yes, please state the names of these organizations/groups and the nature of the relationship.

Multi agency partnership working is embedded into ACT. We have built strong and positive relationships with a number of referring agencies and support services through our Alcohol Outreach Service. Our Ipswich based existing Alcohol Recovery project is commissioned through Public Health and Protection and we work closely with them to ensure the two projects complement each other and have the connections needed to provide the best possible outcomes for the service users.

We have strong working relationships with Turning Point and other drug and alcohol services throughout Suffolk also attending several multi agency forums including the Recovery Network Forums and Start A Fresh in the Ipswich locality. We work closely with the Police across Suffolk not only to help identify new service users, but to help us monitor the progress and behavior of the drinking community. We work alongside the Marginalised and Vulnerable Adult health service on the same basis.

Maximum 150 words



3.5. What evidence do you have that there is a need for this project? Please include sources of evidence, including any public/user/community consultation and research you have carried out.

The evidence of need is founded upon intelligence gained from the current service. 62 referrals were made in 2016/17, 46 of whom received support and 16 of whom were offered advice and guidance. Of the first group, 18 were located in the St Edmundsbury district.

In 2016/17:

- 30 reduced their alcohol consumption, 8 also reduced the strength of the alcohol
- 12 attended drug and alcohol treatment
- 9 were referred to specialist support
- 12 registered with a GP
- 13 attended educational/employment guidance
- 3 attended mental health services
- 11 undertook meaningful positive activities within their own communities
- £15,100 of debt was managed or income maximized.

Our evidence shows the lack of treatment services available on an outreach basis in the rural areas of Suffolk and that the age related health issues of the service users is significant. A high number of service users accessed in this time were within the 40-60 age group and the majority were long term heavy drinkers. This impacted on their physical and mental health and the nature of the work; higher proportions were supported to register with the GP, attend health appointments and referred onto specialist support services.

Maximum 200 words

3.6. How has the project been developed out of the community's desire to improve the lives of local people? What role have users and/or the community had in developing this project?

The project was founded upon the impact 'street drinkers' had upon the community (initially Ipswich), both the perceived 'nuisance' and the wider 'cost' to the community. In the west of the county, the issue was compounded by drinkers being dispersed across several communities and restricted access to local treatment services. The initial 'problems' associated with street drinking raised awareness of individual stories, the person and their personal health needs. All these needs combined to enable work to be piloted during 2015/16, delivery models tested, feedback received and several success stories delivered. The service was then re-commissioned in 2016/17.

The project has been shaped over many years of ACT delivering outreach alcohol recovery services, as feedback is received and acted upon. In addition, the project builds bespoke support packages with the individual, as such each/every participant shapes their 'project'/service. Acting as a primary conduit to help drinkers into treatment, linking with Housing & Community Safety Teams, the public services community has offered direction as to how best to navigate a 'street drinker' through their systems, further enabling timely interventions and on occasion deferment of enforcement activity e.g. eviction.

Maximum 200 words

#### 4. Timescales and sustainability

- 4.1. When will your project start and end? (the period for which you are asking the council for funding)

Start date

End date

- 4.2. If this is an ongoing project, how will it be funded and supported after the end of the grant period?

We are applying for funding to continue this service from 1/04/2018 through to the 31/03/20. We aim to apply to the Suffolk Police and Crime Commissioners themed fund for the remainder of the costs associated with this project.

Maximum 150 words

#### 5. Funding request and budget

- 5.1. Which years are you applying for funding for? Please delete as applicable

<input type="checkbox"/> 2018/2019	<input type="checkbox"/> 2019/2020
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- 5.2. What is the total cost of the project? (project costs only, not for your whole organisation and not just the funding you are requesting)

5.3. Please provide a full breakdown of the total cost of this project, including VAT if applicable. Please only include direct expenditure for this project.

<b>Item</b>	<b>Amount</b>
<b>Staff and volunteers</b> (including roles, hourly rates and NI/tax contributions where applicable) Service Manager 1hr/week @ £19.78 Co-ordinator 2hrs/week @ 15.04 Outreach Officer 30hrs/week @ £12.05 Expenses External Supervision Volunteer Recruitment, Development and Expenses	£1,028 £1,564 £1,8798 £4,500 £100 £2,000 £27,990
<b>Overheads</b> (including items such as venue/office costs, utilities, back office services, insurance)	£5,150
<b>Equipment and resources</b>	£1,200
<b>Other</b>	
<b>Total</b>	<b>£34,340</b>

5.4. Please provide a full breakdown of all other funding and in-kind support\* you have secured for this project.

<b>Item</b>	<b>Amount</b>
<b>Funding already secured</b> (please detail funders, amounts and funding periods individually)  Our 2016/17 project would have ceased on 31/08/17 but we have received funding from Public Health and Protection to last us to 31/12/17  The following funds will continue our work between 01/01/18 to 31/03/18 ACT's charitable reserves Lord Belstead Trust St Edmundsbury trust	£12,000   £4,340 £1,000 £3,000
<b>Volunteer contributions</b> (including estimated hours given and roles) 3 volunteers providing 7.5hrs/week each @ minimum wage gives an annual contribution	£8,775

<b>Equipment and resources</b> (please itemize)	zero
<b>Other</b>	
<b>Total</b>	<b>£25,115</b>

\*In-kind support is assistance and items you would normally expect to pay for, but which you are getting for free, such as volunteer hours or a free venue. You might find it useful to give volunteer hours a value, such as the minimum wage, or higher if you have volunteers with particular expertise it would be expensive to pay for.

5.5. What other funders have you applied to for this project but have not yet had a decision from?

Funder	Amount requested	Decision timescale
PCC Safer Suffolk	£20,000 £ £	December

5.6. How much funding are you applying to us for?

**2018/19**       **2019/20**

5.7. What other grants and contracts has your organisation received over the past three years from either Forest Heath District Council or St Edmundsbury Borough Council?

<b>Funding source</b>	<b>Amount (£)</b>	<b>Reason for funding</b>
None		
<b>Total:</b>		